



Weekly Newsletter

Living to Learn, Learning to Live



10.09.2021

REACH FOR THE STARS

Key Dates

Jeans for Genes Day – Friday 17th September
Macmillan Coffee Morning – Friday 24th September
Year 5 Wellesbourne Service Challenge Parents Meeting – Monday 27th September – 9.00am

SPOT-LIGHT ON LEARNING

ACADEMIC YEAR 2021—2022

Autumn Term 2021
1st September 2021 - 21st December 2021

Half term: 25th October to 29th October 2021

Spring Term 2022
5th January 2022- Friday 8th April 2022

Half Term: 21st February to 25th February 2022

Summer Term 2022
25th April - 20th July

May day: Monday 2nd May

27th May Jubilee Day

Week beginning Monday 30th—Friday 3rd June—INSET Days

Whit Break: 6th June



ASSEMBLIES ARE BACK!

(We've kept them to just two year groups, separated in the large hall—but already we've seen the benefits to the children of celebrating their achievements with a bigger group of friends—we're part of a whole school family again.)

This term we are delighted to be taking part in weekly PSHE assemblies where we get to talk and discuss some real life issues that might affect us at some point our lives.

This half term we are looking at relationships and families, how to build healthy relationships and friendships, diverse families, respect and discrimination.

This week we took a close look at RESPECT, this is one of our values. We explored the fact that respect can be a mutual thing, nice to both give and receive. We are going to be working on respect in the coming weeks.

Ask your child about respect and maybe point out some examples of this in the community. We used the BBC website to make the theme more interesting and even listened to the fantastic song R-E-S-P-E-C-T by the great Aretha Franklin!

Click on the link to explore more on the theme.

<https://www.bbc.co.uk/programmes/articles/3wWbcGrYq210xzVjF9gHnqv/british-values-mutual-respect>



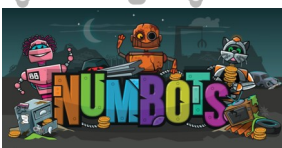
Check here on our newsletter to find who our Lexia Superstars are!



Check here on our newsletter to find TTRS

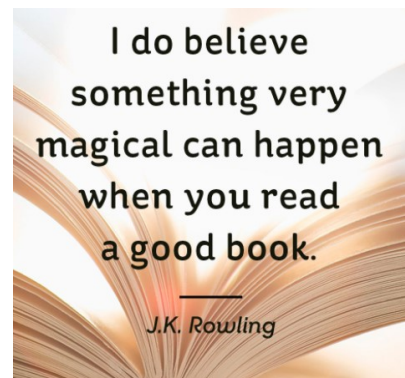


Fastest Rock Speed, Highest Earner, Most Improved and Star of the Week



Check here on our newsletter to find:

Most Correct Answers
Most Coins Earned
Most Minutes Played



MENTAL HEALTH AND WELLBENG

What is mental wellbeing?

Mental wellbeing doesn't have one set meaning. We might use it to talk about how we feel, how well we're coping with daily life or what feels possible at the moment.

Good mental wellbeing doesn't mean you're always happy or unaffected by your experiences. But poor mental wellbeing can make it more difficult to cope with daily life.

<https://www.mind.org.uk/information-support/tips-for-everyday-living/wellbeing/wellbeing/>

Support Macmillan Coffee Morning

Cooperate



Friday 24th September before the start of the school day.

Drinks, cakes, breakfast items and fruit available for sale, on site to support Macmillan Coffee Morning 2021
Look online for recipes to bake yourself

<https://coffe.macmillan.org.uk>



Respect



WELLESBOURNE SERVICE CHALLENGE AWARD

Monday 27th September 9am

Y5 parents are invited to a meeting to find out all about our Wellesbourne Service Challenge Award this year.

One of our **key priorities** this year is to consider ways we can boost our **mental health and wellbeing**. We have introduced classes in YOGA and our walks are back on. After school clubs are up and running and children are enjoying a variety of activities.

Our Year 5 and Year 3 children are lucky to have a real chess expert in their chess clubs, on Wednesday and Thursday—I'm looking forward to seeing them grow in to real **chess masters!**

YEAR 3—THE WALK

This week Year 3 went to Hesketh Park in Southport and were able to ramble their beautiful Rose Garden. Children also saw the observatory. Unfortunately, it is not open to the public yet!

<https://www.visitsouthport.com/things-to-do/hesketh-park>



YEAR 5 / 6—THE WALK

This week Year 6 and Year 5 visited Formby Nature Reserve and walked the Fisherman's Path.



Effort



DODGEBALL

Year 6 and Year 5 started their dodgeball clubs this half term. Very exciting games!

<https://www.alltrails.com/trail/england/merseyside/woodlands-point->



YOGA at lunchtime!

It's hard to think of a better way to relax than to unwind during a yoga session. Our Y6, Y4 and Y3 classes are having lunchtime sessions this half term.

Look out for your child's year group turn when we swap over.

JEANS FOR GENES

Friday 17th September.

It was great to see our children joining in to this annual fundraising event. Wellesbourne has supported Jeans for Genes for many years now.

This year we raised a fabulous £200.62

WELL DONE—EVERYBODY

ATTENDANCE IS ONE OF OUR VALUES.

ATTENDANCE Superstars last week are **Year 4CL** with 98.75% attendance all week!!

Well done Year 4CL!

PLEASE try to make sure your child is in school, on time, every day.

Attend



Weekly Newsletter Early Years

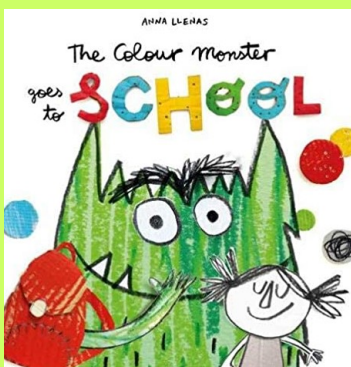
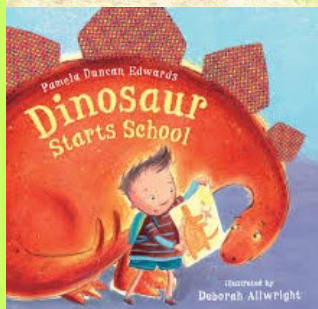
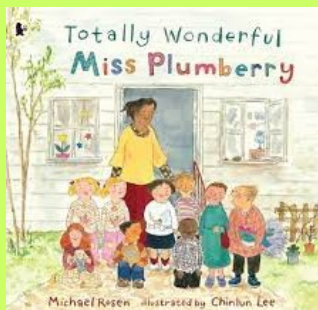
Living to Learn, Learning to Live

REACH FOR THE STARS

Key Dates

Reception have P.E every Tuesday.
Children are to come to school wearing their P.E kits.

SPOT-LIGHT ON LEARNING IN OUR EARLY YEARS



IN NURSERY THIS WEEK

This week in Nursery we welcomed some new children. They have settled in beautifully and our expert children have been helping them with our rules and routines. There are lots of names to remember so we have been playing getting to know you games such as 'Roll the Ball' and 'Spider's Web'.

The children have been learning about the areas in our classroom such as the construction, water and art area. We have been sharing lots of ideas of things we can do in the areas to keep busy, learn new things and how to tidy them up carefully.

We have had so much fun exploring the outdoor area and were happy that the sun was shining for a couple of days!



IN RECEPTION THIS WEEK

What a lovely week we have had in Reception. The children have been practising their listening skills as we have been listening to the ways that we can use the areas in our indoor and outdoor classrooms. The children now have a good idea of the learning that can be



enjoyed, and what all of the different areas look like in both classes. The children have been getting used to our snack routine, and beginning to select their own snack. They can sit at our snack table alongside their friends and chat together as they enjoy their fruit and milk.

Our listening skills have also been challenged as we have been playing lots of listening games. We joined Miss Rose in her pretend gym, we exercised and had to follow the instruction, for example, put your hands on your h-ea-d, or kn-ee-s. The children had to listen carefully to blend the words together. The same skills were practised when our robot friend Metal Mike had lost some of his belongings, we had to listen to what he had lost, for example, his b-a-g, and d-o-g.

This week the children were excited to receive their first reading book, a picture book. Please see the attached letter that is with your child's book for ideas of questions that you can ask your child as you look at the pictures together.



We have a range of listening games this week for our homework, please see Tapestry for details.



NOTICEBOARD



Parent Coffee Event Sleep Advice for Children & Young People



Hosted by our YPAS Parent Wellbeing Team, online via Zoom. Grab yourself a hot drink and join us for Information, Support and Advice

WEDNESDAY 29TH SEPTEMBER 10AM -

11:00AM

Join us for some Sleep Tips & Advice also an Introduction to our YPAS Services with our Parent Wellbeing Team

If you would like to attend please contact bookings@ypas.org.uk
Event will be delivered by ZOOM

Liverpool CAMHS
Mental Health & Wellbeing Services



Kooth plc
020 3984 9337
koothplc.com

DISCOVER KOOOTH & QWELL

To Parents and Carers,,

We are really excited to announce that Kooth Plc can now provide support for both children and young people AND their parents/carers across Liverpool. Kooth is available for all children and young people age 10 - 25 and Qwell is available to all parents and carers aged 26+.

On **Wednesday 13th October at 6pm** we would like to invite all parents and carers along to our 'Discover Kooth & Qwell' event via Zoom to find out how we can support both you and your child with your mental health.

To register for our FREE event please [CLICK HERE](#)

This event will include:

- Meet North West Kooth and Qwell Manager
- Listening to our Kooth Engagement Leads tell you about Kooth and Qwell
- Top Tips on talking to young people about mental health
- How each feature of the Kooth and Qwell website works
- How young people and parents/carers benefit from the service
- How our online service and peer forums work
- How we safeguard at risk young people and adults
- Q&A's

Kooth and Qwell have been commissioned in Liverpool to provide a **safe and anonymous** mental health and wellbeing service. There are **no costs, no waiting lists, no referrals and no need criteria** required to access the service, which is accredited by the [British Association for Counselling and Psychotherapy \(BACP\)](#) and delivered by [Kooth plc](#), the UK's largest digital mental health provider.

The service encourages peer to peer support via moderated discussion forums and self-help through engaging with our online magazine and activities. Our services also give adults and young people the opportunity to access online text-based counselling and support from qualified counsellors and emotional wellbeing practitioners who are available from **12 noon to 10pm on a weekday** and from **6pm to 10pm on a Saturday and Sunday**.

Here at Kooth Plc, we are passionate about your wellbeing. We hope to see you on the 13th October. If you have any questions in the meantime please contact slord@kooth.com

Kind Regards

[Stephanie Lord](#) & [Georgina Stokes](#)